



2023-2024

Number 07

Wednesday 18<sup>th</sup>

October 2023

## An Lester Trumach - The Packet Ship

Dear Parents and Carers,

This first half term has gone by in a flash! Seven weeks of busy learning means that children are now feeling confident in their year groups and happy to give new learning their best efforts. We had a visit from our School Improvement Partner, Liz Brand, this week, who carried out a learning walk and book look. She came away with a very positive view of the learning taking place at Marlborough. We are very proud of the offer that the children get here; our curriculum is carefully planned and adults support learning in such a way that children thrive. Our assessments at the end of last academic year showed that, on average, our children are achieving above the national standard and making accelerated progress during their time here. By prioritising the wellbeing of our children, we are allowing them the capacity to learn. And, not to blow our own trumpet, but we are also the second most oversubscribed primary school in Cornwall!

### Learning Out and About and in School

*REMINDER: Events marked with **VC** indicate that voluntary contribution payments have been added to Parent Pay.*

**Whole School Autumn Stomp – THIS FRIDAY! Please come along for a walk with us!** We will all be heading out for a walk down to Swanpool Lake, through Prislow Woods, up past the allotments and back to school for playtime. If any parents would like to accompany us after the Mariners' Coffee Morning, please let Olivia know. Children need to wear their school uniform, with a waterproof coat and wellies.

**VC Class 5 Automata Workshop** – On Tuesday 31<sup>st</sup> October, Class 5 will be heading to Falmouth Art Gallery to take part in an automata workshop, creating their own working models. They will be there for the whole day and will need a packed lunch.

**Class 5 to All Saints' Church** – On Wednesday 1<sup>st</sup> November, Class 5 will be spending the afternoon at All Saints' Church with Jane Wheeler, learning about Christianity.

**VC Classes 1 and 2 to Newquay Zoo** – Our KS1 classes will be heading to Newquay Zoo on Thursday 2<sup>nd</sup> of November. They will be travelling by coach and spending the day learning about the animals. Children will need packed lunches. More information to follow from class teachers.

**Into Film Festival** – All classes will be watching a free film as part of the nationwide *Into Film Festival*.

**Reception and Classes 1 & 2** – Paw Patrol the Movie (U) at The Poly, Thursday 16<sup>th</sup> November pm

**Class 3** – Matilda (PG) at The Phoenix Cinema, Thursday 9<sup>th</sup> November pm

**Classes 4 and 5** – Epic Tales (U) at The Phoenix Cinema, Thursday 16<sup>th</sup> November pm

**Class 6** – Lyle, Lyle Crocodile (PG) at The Phoenix Cinema, Thursday 23<sup>rd</sup> November pm

### Family/Parenting Worker

Lucy Furlong, our Cornwall Council Family Worker, will be back in school on **Thursday 9<sup>th</sup> of November between 8.30am and 10.30am**. She is happy to help with all aspects of parenting; behaviour, food, sleep, developing routines and all other aspects of family life. Please ask Olivia for a time slot to meet with Lucy or drop in on the day.

<http://www.marlborough.cornwall.sch.uk/website>



## Punctuality

Many thanks to everyone for adapting so well to the earlier school start time. The doors open at 8.30am and **all children should be in school by 8.40am**. It makes a big difference to the day when children are in school on time, they feel more settled, regulated and ready to learn. If you are finding it difficult to get to school on time, our Family Worker may be able to help.

## Miracle Theatre's Building Bonds Workshops

Please come along with your child/ren to join Sally and Hannah's wonderful workshops. You can drop in to any of the workshops. The dates for the sessions are TODAY, Wednesday 18<sup>th</sup> of October, and Wednesday 1<sup>st</sup> of November.

## Reception Class Tapestry Platform

The Reception class teachers communicate with families through the online platform Tapestry. Through Tapestry they share learning achievements, information about upcoming events and ideas for helping your child at home. Recently, there have been posts created to help families understand the early reading process and ways to help. Teachers have added links to give you an insight into the daily teaching of reading at this critical time. Please have a look through the resources and chat to Lisa Pearce or Becky Prason if you want to know more.

## Choirfest

Choir are attending Choirfest where they will be performing a selection of songs from *Joseph and the Amazing Technicolor Dreamcoat*. Families are invited to watch the performance in Truro Cathedral from 12.30pm until 1.30pm on Wednesday the 15<sup>th</sup> of November. More details to follow but our choristers must attend all sessions this term as there is a lot to learn.

## Nasal Flu Immunisations

An email has been sent to all families offering the Nasal Flu Immunisation in school on Thursday 9<sup>th</sup> November. If you would like your child to be immunised, please complete the form attached to the email.

## BBC Writing Competition

We have so many brilliant writers in school! Children can take part in the BBC 500 words writing competition over the half term if they fancy. Here's a link to the website: [500 Words Writing Competition](http://www.bbc.com/500wordswriting)

## Year 6 Secondary School Applications

The closing date for confirming your child's choice of secondary school is Tuesday 31st October.

## Marlborough Kitchen

Thursday 19th October	Friday 20th October	Monday 30th October	Tuesday 31st October	Wednesday 1st November	Thursday 2nd November	Friday 3rd November
Veggie Spaghetti Bolognese Or Cheese and Potato Pie	Roast Ham Or Veggie Roast	Roast Veg Pasta Or Pesto Pasta	Beef Chilli Taco Or Ploughman's Plate with Hummus	Veggie Lasagne Or Tomato and Sesame Soup	Chicken and Leek Pie Or Veggie Sausage and Mash	Fish and Chips Or Veggie Nuggets

<http://www.marlborough.cornwall.sch.uk/website>



## Dates for the Diary

Friday 20<sup>th</sup> October – Mariners' Coffee Morning for Friends and Families

Friday 20<sup>th</sup> October – Whole School Autumn Stomp

Monday 23<sup>rd</sup> – Friday 27<sup>th</sup> October – Half term Holiday

Monday 30<sup>th</sup> October – Back to School

Tuesday 31<sup>st</sup> October – Class 5 to Falmouth Library - Automata Workshop (all day)

Wednesday 1<sup>st</sup> November – Class 5 to All Saints Church (pm only)

Thursday 2<sup>nd</sup> November – Classes 1 and 2 to Newquay Zoo

Thursday 9<sup>th</sup> November – Nasal Flu Immunisations

Thursday 9<sup>th</sup> November – Class 3 to Into Film Festival (pm)

Tuesday 14<sup>th</sup> November – Space Dome in school for Classes 5 and 6

Wednesday 15<sup>th</sup> November – Choirfest at Truro Cathedral, 12.30 performance

Thursday 16<sup>th</sup> November – Reception, Class 1, 2, 4 and 5 to Into Film Festival (pm)

Thursday 23<sup>rd</sup> November – Class 6 to Into Film Festival (pm)

Thursday 30<sup>th</sup> November – Choir performance at Christmas Lights Switch On (evening performance)

## Wrap Club

This Friday, Ryan will be holding a special Halloween themed Wrap Club with hot chocolate and a film!

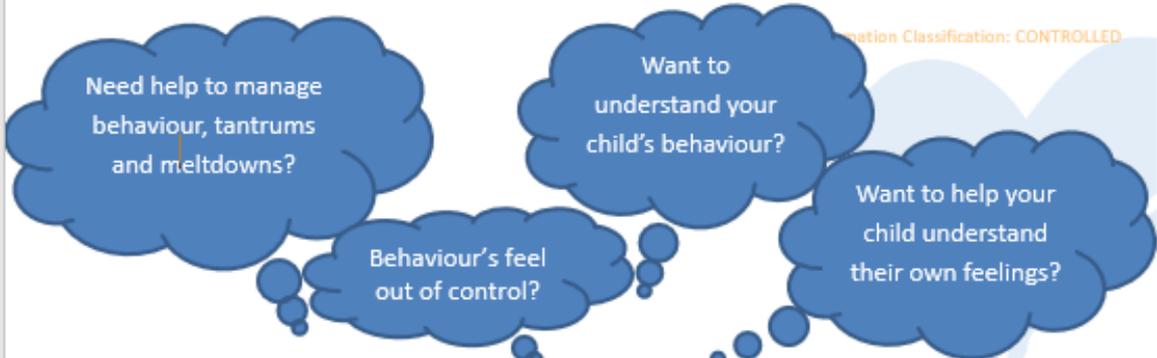
Plymouth Argyle are providing Breakfast Club and Wrap Club every school day which can be booked through this link: [Booking Link](#)



The national sleep helpline logo is in the top right. The main text reads 'Want to know more about sleep?' in large white letters. Below it, 'ASK US THE QUESTIONS YOU WANT ANSWERS TO' is written in smaller white letters. At the bottom, the phone number '03303 530 541' is displayed in large white font, with the operating hours 'Monday, Tuesday & Thursday 7pm - 9pm' and 'Monday & Wednesday 9am - 11am' listed below it. The background shows a blurred image of people sitting in a room.

<http://www.marlborough.cornwall.sch.uk/website>





# Emotion Coaching can help!

## What is Emotion Coaching?

Emotion coaching draws on **neuropsychology** and **attachment theory** to help you understand children's emotions and their behaviour. It is a **relational approach** based on building positive relationships through **empathy, attunement, understanding and respect**. This is something you will have already been doing through VIG.

The training supports parents and carers to;

- Understand the key principles underlying emotion coaching.
- Develop an understanding of different parenting styles and reflect on their style.
- Develop skills in using emotion coaching.

## Evidence Based Approach

Research shows that Emotion Coaching:

- Helps children to calm down and better understand their emotions.
- Helps children to regulate, improve and take ownership of their behaviour.
- Helps adults to be more sensitive to children's needs.
- Helps create more consistent responses to children's behaviour.
- Helps adults to feel more 'in control' during tricky situations.
- Helps promote positive relationships

## Interested?

You can watch 5 videos on Emotion Coaching developed by two Educational Psychologists. These introduce Emotion Coaching and guide you on how to use Emotion Coaching with your children. Google 'Emotion Coaching Cornwall' or click on the link:

[Emotion Coaching | Care and Support in Cornwall](#)



[www.cornwall.gov.uk](http://www.cornwall.gov.uk)

